

Section: Division of Nursing
Approval: _____

* PROCEDURE *

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HACKETTSTOWN REGIONAL MEDICAL CENTER

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MATERNAL SERVICES
(Scope)

TITLE: RECOVERY OF THE POST PARTUM PATIENT

PURPOSE: To outline the steps to monitor a patient immediately after vaginal delivery or cesarean delivery up to one hour postpartum.

SUPPORTIVE DATA: Patient will be sufficiently instructed to post partum procedures and be able to be oriented to post partum.

EQUIPMENT:

1. Peri-bottle, maternity pads, and peri-ice packs
2. Oxygen and suction set-up
3. Blood pressure cuff and sphygmomanometer
4. EKG monitoring, pulse oxygenation monitoring if post operative

CONTENT:	PROCEDURE STEPS	KEY POINTS
	<ol style="list-style-type: none">1. Recovery Record<ol style="list-style-type: none">a. Vital signs, lochia, perineum, and fundal height checked every 15 minutes x 4. Begin vitals after delivery of placenta.b. Give partial bath or assist patient with shower.c. Give patient peri-bottle and maternity pads. Instruct patient concerning use of peri-bottle, lochia flow and three measured voids provide ice to perineum as needed.d. Majority of chart in computerized in Cerner documentation. Affix Cerner patient ID stickers to all papers in chart.e. Enter orders into Cerner System. Complete noting medical provider's orders. Scan to Pharmacy. All Medication orders will be profiled by Pharmacy into electronic MAR.2. Monitor IV Fluids and site if necessary3. Recovery notes will be documented in PACU Major form in Cerner under I&). Recovery notes will be documented in QS system for vaginal delivery.4. Transfer patient to postpartum when recovery completed.5. Complete OB charge sheet.	<p>Record findings in the QS system. Print all labor and recovery notes at completion of recovery. If patient was a C/Section, record results in PACU Major in Cerner charting system.</p> <p>Accompany patient to bathroom area to be sure of patient's stability.</p> <p>Supplies are given to patient in tote bag. Instruct the patient in pericare. Document on educational forms in Cerner powerchart.</p> <p>Record delivery information on QS computer chalkboard.</p> <p>Note orders with date, time, and signature. Nurse's signature indicates orders are implemented</p> <p>D/C as ordered after first void or as ordered by provider of care. Follow appropriate procedures for specific type of anesthesia used.</p> <p>Transfer by wheelchair, by stretcher or ambulatory.</p> <p>Ensures all appropriate charges are noted.</p>